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Developmental Relationships Checklist

1. Do things that show me that I can trust you.		
]=2. Really pay attention when we are together.		
3. Make me feel known and valued.		
4. Show me you enjoy being with me.		
5. Praise me for my efforts and achievements.		
6. Show me that you expect me to be my best.		
7. Push me to go further.		
8. Tell me that I need to take responsibility for my actions.		
9. Help me learn from mistakes and setbacks.		
10. Guide me through hard situations and systems.		
11. Build my confidence to take charge of my life.		
12. Stand up for me when I need it.		
13. Put limits in place to keep me on track.		
14. Take me seriously and treat me fairly.		
15. Include me in decisions that affect me.		
16. Work with me to solve problems and reach goals.		
17. Create opportunities for me to take action and lead.		
18. Inspire me to see possibilities for my future.		
19. Expose me to new ideas, experiences, and places.		

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20. Introduce me to people who can help me grow.		